

Health, Kinesiology, & Applied Physiology Curriculum 2025-26

STAGE	PROGRAM					
	MAJOR (45 credits)	HONOURS (60 credits)	KCEP (69 credits)	HKCEP (78 credits)	AT (96 credits)	HAT (102 credits)
1	EXCI 253 EXCI 258 CATA 262 EXCI 252 KCEP 210 EXCI 254 EXCI 259 CATA 263	EXCI 253 EXCI 258 CATA 262 EXCI 252 KCEP 210 EXCI 254 EXCI 259 CATA 263	EXCI 253 EXCI 258 CATA 262 EXCI 252 KCEP 210 EXCI 254 EXCI 259 CATA 263	EXCI 253 EXCI 258 CATA 262 EXCI 252 KCEP 210 EXCI 254 EXCI 259 CATA 263	EXCI 253 EXCI 258 CATA 262 EXCI 252 KCEP 210 EXCI 254 EXCI 259 CATA 263	EXCI 253 EXCI 258 CATA 262 EXCI 252 KCEP 210 EXCI 254 EXCI 259 CATA 263
2	EXCI 351 EXCI 352 EXCI 310 EXCI 360	EXCI 322 EXCI 351 EXCI 352 EXCI 310 EXCI 360	KCEP 311 KCEP 349 EXCI 351 EXCI 352 EXCI 310 EXCI 360 KCEP 383	EXCI 322 KCEP 311 KCEP 349 EXCI 351 EXCI 352 EXCI 310 EXCI 360 EXCI 360 KCEP 383	CATA 337 CATA 339 EXCI 351 EXCI 352 EXCI 310 EXCI 360 CATA 348 CATA 365*	CATA 337 CATA 339 EXCI 351 EXCI 352 EXCI 310 EXCI 360 CATA 348 CATA 365*
3	EXCI 445 EXCI 460 Choose 1 from: EXCI 458 EXCI 461 EXCI 471 EXCI 492 EXCI 415 EXCI 420 EXCI 455 EXCI 440 EXCI 451 EXCI 453	EXCI 421 EXCI 445 EXCI 420 EXCI 460 EXCI 426* Choose 1 from: EXCI 458 EXCI 461 EXCI 471 EXCI 415 EXCI 455 EXCI 440 EXCI 451 EXCI 453	KCEP 411 KCEP 448 EXCI 445 EXCI 460 KCEP 450 KCEP 483 Choose 2 from: EXCI 458 EXCI 461 EXCI 471 EXCI 492 EXCI 415 EXCI 420 EXCI 455 EXCI 440 EXCI 451 EXCI 453	EXCI 421 KCEP 411 KCEP 448 EXCI 445 EXCI 460 KCEP 450 EXCI 426* KCEP 483 Choose 1 from: EXCI 458 EXCI 461 EXCI 471 EXCI 415 EXCI 420 EXCI 455 EXCI 440 EXCI 451 EXCI 453	CATA 437 CATA 462 CATA 439 EXCI 460 CATA 475* Choose 2 from: EXCI 461 KCEP 311 KCEP 411 EXCI 415 EXCI 420 EXCI 440 EXCI 451 EXCI 453	EXCI 322 CATA 437 CATA 462 CATA 439 EXCI 460 CATA 475* Choose 1 from: EXCI 461 KCEP 311 KCEP 411 EXCI 415 EXCI 420 EXCI 440 EXCI 451 EXCI 453
4					EXCI 471 EXCI 445 CATA 441 CATA 485 CATA 495 Choose 2 from: EXCI 458 EXCI 461 CATA 447 EXCI 492 MANA 300 EXCI 455	EXCI 421 EXCI 471 EXCI 445 CATA 441 EXCI 426* CATA 485 CATA 495 Choose 1 from: EXCI 458 EXCI 461 CATA 447 MANA 300 EXCI 455

*CATA 365, CATA 475, and EXCI 426 are 6-credit courses.

Red: courses offered only in the Fall semester; Green: Fall or Winter; Blue: Winter only