

# Farm Worker, Co-op CultivAction Fall & Winter 2024-5 Internship

This position is open to Concordia students in a degree program relevant to the internship's focus. If you would like to be informed of future internship opportunities, please sign up for our internship mailing list (1–3 minimal emails a semester).

### **Description of Organization**

Co-op CultivAction's mission is to facilitate transitions towards food sovereign communities by practicing regenerative agriculture to nourish local populations, cultivate urban green spaces and to support sustainable food production. We see our work as a political act and look to create networks of reciprocity and connection with other groups who share a deep commitment to social justice and food sovereignty.

We grow fresh veggies, mushrooms and herbs at the loyola campus of Concordia and in Senneville on the West Island. We distribute the food we grow to local community organizations and through our pay-what-you-can kiosk at the Concordia Farmers Market. We also run a wide variety of educational programs and workshops about food-growing.

## Responsibilities and deliverables

You will be expected to work alongside and guide volunteers during our open volunteer sessions as well as perform independent farm work including: irrigation, planting, harvesting, washing & packing, weeding, infrastructure building. Additional responsibilities could look like doing community bike deliveries to our partnered groups or attending team planning meetings. During the winter season work will be more focused indoor microgreen and seedlings. Since our greenhouse at the Loyola campus needs frequent watering, it is considered an asset if you are a Loyola student, live in the neighbourhood, or are willing to visit there a few times a week.

Additionally, all interns are required to attend SHIFT's internship events and workshops as part of the internship hours.

#### **Assets and Requirements**

This internship is sponsored by the SHIFT Centre for Social Transformation. <u>Learn more</u>



- Student must be registered as a Concordia student
- Must be available to attend:
  - o SHIFT's Internship Kick-Off Event (4:30-7 PM, 5<sup>th</sup> September 2024)
  - o 2 virtual or hybrid workshops for professional development (dates TBD)
  - o SHIFT's Internship Closing Event (4:30-7 PM. 11th April 2025)
- Experience with farm work, permaculture and agroecological practices
- Experience with physical work
- Experience working in a team/cooperative setting
- Experience leading volunteers
- Familiarity with indoor and outdoor vegetable, mushroom and herbal cultivation
- Comfort in communicating in both English and French
- Knowledge of the Concordia community ecosystem is an asset
- Holds a critical analysis of food systems and food sovereignty and hold strong social justice values
- Experience with simple carpentry, plumbing, electrical wiring, handiwork and holding a driver's license and/or having access to a vehicle an asset

#### Duration

24 weeks total; 12 weeks in the fall 2024 semester and 12 in the winter 2025 semester \*Precise dates to be decided between the student and host organization. Possibility to renew over Summer 2025.

#### Site of employment: In-person, various locations

Address (if applicable): Our Loyola and Senneville farms (265 chemin du Senneville) \*All SHIFT interns are also welcome to come co-work at SHIFT's space (LB-145) throughout the work week.

Hours: 240 hours total (roughly 10 hours a week)

Remuneration: \$5,000

Please note that SHIFT payments are made as <u>honorariums</u>, sent in 3 installments.

Deadline to apply: Sunday, 28th July 2024

To apply, please fill out Co-op CultivAction's application form.

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