As of January 1, 2025 If you are under age 65 and do not have vision care

	Member contributions (including provincial sales taxes)	Concordia contributions (including provincial sales taxes)
Coverage Category	Monthly	Monthly
If you live in Quebec		
Single	\$83.45	\$68.45
Family	\$156.66	\$128.06
If you live outside Quebec (but within Canada)		
Single	\$76.56	\$62.80
Family	\$143.73	\$117.48

As of January 1, 2025 If you are under age 65 and have vision care

	Member contributions (including provincial sales taxes)	Concordia contributions (including provincial sales taxes)
Coverage Category	Monthly	Monthly
If you live in Quebec		
Single	\$84.83	\$69.84
Family	\$159.42	\$130.81
If you live outside Quebec (but within Canada)		
Single	\$77.82	\$64.08
Family	\$146.25	\$120.01