Lauretta Altman Milkman began piano lessons in her native Chicago, where she was a student at the Chicago Musical College of Roosevelt University. She continued her studies In Marseilles,France, where she received a 1er Grand Prix and a License de Concert, and upon returning to the United States, attended the Juilliard School of Music in New York. Ms. Altman moved to Monreal in 1971 and worked privately with Philip Cohen for many years.

She joined the faculty of Concordia University in 1975, where she has taught piano and chamber music, and participated in innumerable concerts. Ms.Altman is also on staff, as an accompanist, at McGill University.

As a member of numerous ensembles, Lauretta has performed in the U.S.,Canada, and Europe; venues include Carnegie Recital Hall in New York, the National Library of Canada, the Montreal Symphony Orchestra Marathon chamber music series, the World Bank series in Washington D.C., the Museo Revoltella in Trieste, Italy, and the Atzenbrugger Schubertiade in Vienna, Austria, among many others. In 1990 she became the cofounder and director of Festival Alexandria, a summer chamber music series in Alexandria, Ontario, where she has been able to participate as a pianist, as well as a presenter.The festival has given her the opportunity to collaborate with some of the most outstanding members of the Montreal Symphony Orchestra, as well as many other world class musicians.

Ms. Altman has frequently been recorded on CBC, as a soloist for many years on the Radio Canada program "Recital", and as the pianist for the Concordia Chamber Players, the Forsyth Trio, and various other groups over the years. She can be heard, with Susan Salm, cellist, on 2 SNE recordings, with Valerie Kinslow, soprano, also on an SNE recording, and on Albany records, with the music of Friedrich Nietzsche.